



# ROSSORRY PARISH CHURCH

*Pray in the  
Spirit  
on all occasions.  
Be alert, praying always.  
Ephesians 6:18*

**Sunday 22nd  
AUGUST 2021**  
***The Twelfth Sunday  
after TRINITY***

If you cannot attend in person—then check online on Monday for video of the recorded Service on Facebook:-  
Rossorry Parish Church

**PLEASE READ THE SAFETY PROTOCOL  
(Copy in the Seat)**

## Opening Hymn - 643

**Be thou my vision, O Lord of my heart .....**

1. Be thou my vision, O Lord of my heart,  
naught be all else to me, save that thou art;  
thou my best thought in the day and the  
night,  
waking or sleeping, thy presence my light.

2. Be thou my wisdom, be thou my true  
word,  
I ever with thee, and thou with me, Lord;  
thou my great Father, and I thy true heir;  
thou in me dwelling, and I in thy care.

3. Be thou my breast-plate, my sword for  
the fight;  
be thou my armour, and be thou my might;  
thou my soul's shelter, and thou my high  
tower,  
raise thou me heavenward, O Power of my  
power.

4. Riches I heed not, nor vain empty praise,  
thou mine inheritance through all my days;  
thou, and thou only, the first in my heart,  
High King of heaven, my treasure thou art.

5. High King of heaven, when the battle is  
done,  
grant heaven's joy to me, O bright heaven's  
sun,  
Christ of my own heart, whatever befall,  
still be my vision, O Ruler of all.

Early Irish  
tr. Mary Byrne (1880-1931)  
Versified Eleanor Hull (1860-1935)  
Irish traditional melody

## The Greeting

The Lord be with you.  
And also with you.

## A Sentence of Scripture

**'Our help is in the name of the Lord, who made heaven and earth'.**

*Psalm 124: 7*

### ***BCP - page 101***

Beloved in Christ, today we offer to Almighty God our worship and praise and thanksgiving, to confess our sins and to receive God's forgiveness, to hear his holy word proclaimed, to bring before him our needs and the needs of the world, and to pray that in the power of his Spirit we may serve him and know the greatness of his love.

### **A Prayer of Penitence**

**Heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault; by what we have done and by what we have failed to do. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ who died for us, forgive us all that is past; and grant that we may serve you in newness of life to the glory of your name. Amen.**

### **The Absolution**

***BCP- page 102***

Merciful Lord,  
grant to your faithful people pardon and peace,  
that we may be cleansed from all our sins,  
and serve you with a quiet mind;  
through Jesus Christ our Lord.  
**Amen.**

*please stand*

O Lord, open our lips:  
**and our mouth will proclaim your praise**

O God, make speed to save us:  
**O Lord make haste to help us.**

Glory to the Father, and to the Son and to the Holy Spirit:  
**As it was in the beginning is now and shall be for ever, Amen**

Praise the Lord:  
**The Lord's name be praised.**

*Please be seated for our first reading*

### The First Reading—Ephesians 6: 10-20

*The First reading is from the letter of St. Paul to the Ephesians,  
Chapter 6, beginning at verse 10.*

<sup>10</sup> Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armour of God, so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> Stand firm then, with the belt of truth buckled round your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God.

<sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. <sup>19</sup> Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

This is the word of the Lord

**Thanks be to God**



**1.** What a friend we have in Jesus,  
all our sins and griefs to bear!

    What a privilege to carry  
    everything to God in prayer!  
O what peace we often forfeit,  
O what needless pain we bear,  
    all because we do not carry  
    everything to God in prayer!

**2.** Have we trials and temptations,  
is there trouble anywhere?

We should never be discouraged:  
    take it to the Lord in prayer.  
Can we find a friend so faithful  
who will all our sorrows share?  
Jesus knows our every weakness:  
    take it to the Lord in prayer.

**3.** Are we weak and heavy-laden,  
cumbered with a load of care?

    Jesus is our only refuge:  
    take it to the Lord in prayer.

Do your friends despise, forsake you?

    Take it to the Lord in prayer:  
in his arms he'll take and shield you,  
    you will find a solace there.

Words: *John Scriven (1819-86)*

Music: *CC. Converse (1832-1918)*

*Hear the Gospel of our Saviour, Christ, according to St. John  
Chapter 6, beginning to read at verse 56.*

**Glory to you, Lord Jesus Christ.**

<sup>56</sup> Whoever eats my flesh and drinks my blood remains in me, and I in them.  
<sup>57</sup> Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. <sup>58</sup> This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live for ever.' <sup>59</sup> He said this while teaching in the synagogue in Capernaum.

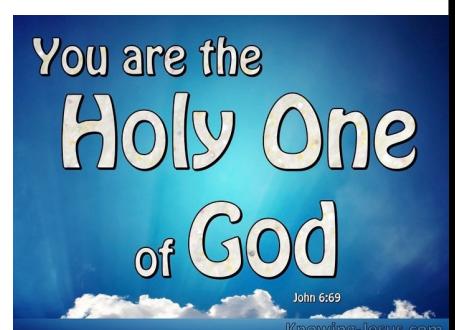
<sup>60</sup> On hearing it, many of his disciples said, 'This is a hard teaching. Who can accept it?'

<sup>61</sup> Aware that his disciples were grumbling about this, Jesus said to them, 'Does this offend you? <sup>62</sup> Then what if you see the Son of Man ascend to where he was before! <sup>63</sup> The Spirit gives life; the flesh counts for nothing. The words I have spoken to you – they are full of the Spirit and life. <sup>64</sup> Yet there are some of you who do not believe.' For Jesus had known from the beginning which of them did not believe and who would betray him. <sup>65</sup> He went on to say, 'This is why I told you that no one can come to me unless the Father has enabled them.'

<sup>66</sup> From this time many of his disciples turned back and no longer followed him.

<sup>67</sup> 'You do not want to leave too, do you?' Jesus asked the Twelve.

<sup>68</sup> Simon Peter answered him, 'Lord, to whom shall we go? You have the words of eternal life. <sup>69</sup> We have come to believe and to know that you are the Holy One of God.'



This is the Gospel of the Lord,

**Praise to you, Lord Jesus Christ.**

**Thought for the Day**

## Apostles' Creed

*BCP – page 112*

I believe in God, the Father almighty,  
    creator of heaven and earth.  
I believe in Jesus Christ, God's only Son, our Lord,  
    who was conceived by the Holy Spirit,  
        born of the Virgin Mary,  
        suffered under Pontius Pilate,  
        was crucified, died and was buried;  
        he descended to the dead.  
    On the third day he rose again;  
        he ascended into heaven,  
        he is seated at the right hand of the Father,  
and he will come again to judge the living and the dead.

I believe in the Holy Spirit,  
    the holy catholic Church,  
    the communion of saints,  
        the forgiveness of sins,  
        the resurrection of the body,  
    and the life everlasting. Amen.

## HYMN 112

**There is a Redeemer, Jesus, God's own Son, .....**

**1.** There is a Redeemer,  
Jesus, God's own Son,  
precious Lamb of God, Messiah,  
Holy One.

*Thank you, O my Father,  
for giving us your Son,  
and leaving the Spirit  
till the work on earth is done.*

**2.** Jesus my Redeemer,  
name above all names,  
precious Lamb of God, Messiah,  
O for sinners slain.

**3.** When I stand in glory  
I will see his face,  
and there I'll serve my King forever  
in that holy place.

Words & Music: *Melody Green*

**The Lord be with you; and also, with you.**

Let us pray.

**Lord, have mercy; Christ, have mercy.** Lord, have mercy.

Our Father, who art in heaven,  
    hallowed be thy name,  
        thy kingdom come,  
            thy will be done,  
                on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
    And lead us not into  
        temptation,  
            but deliver us from evil.  
Our thine is the kingdom, the power, and the glory,  
    for ever and ever.  
Amen.

Show us your mercy, O Lord; and grant us your salvation.

**O Lord, save the Queen; and grant her government wisdom.**

**Let your ministers be clothed with righteousness; and let your servants shout for joy.**

**O Lord, save your people; and bless those whom you have chosen.**

**Give peace in our time, O Lord; and let your glory be over all the earth.**

O God, make clean our hearts within us; and renew us by your Holy Spirit.

**COLLECT** for today: The Twelfth Sunday after Trinity.

Almighty and everlasting God,  
you are always more ready to hear than we to pray  
and to give more than either we desire, or deserve:  
Pour down upon us the abundance of your mercy,  
forgiving us those things of which our conscience is afraid,  
and giving us those good things  
which we are not worthy to ask  
save through the merits and mediation  
of Jesus Christ your Son our Lord.

Amen.

## THE COLLECTS

### **Collect at Morning Prayer**

O God, the author of peace and lover of concord,  
to know you is eternal life, and to serve you is perfect freedom:  
Defend us in all assaults of our enemies,  
that we, surely trusting in your protection,  
may not fear the power of any adversaries;  
through Jesus Christ our Lord. **Amen.**

O Lord, our heavenly Father, almighty and everliving God,  
we give you thanks for bringing us safely to this day:  
Keep us from falling into sin or running into danger,  
and in all things guide us to know and do your will;  
through Jesus Christ our Lord. **Amen.**

Go before us, Lord, in all our doings, with your most gracious favour,  
and further us with your continual help;  
that in all our works begun, continued and ended in you,  
we may glorify your holy name,  
and finally by your mercy attain everlasting life;  
through Jesus Christ our Lord. **Amen.**

Heavenly Father, in whom we live and move and have our being:  
We humbly pray that your holy Spirit may so guide and govern us,  
That in all the cares and occupations of our daily life,  
We may never forget your presence,  
But may remember that we are always walking in your sight,  
Through Jesus Christ our Lord. **Amen**

## INTERCESSIONS

*(The Intercessions will normally include prayer for: the universal Church of God, the nations of the world ,the local community, those in need and remembrance of, and thanksgiving for, the faithful departed )*

*Ending with....*

**Merciful Father,**  
**accept these our prayers**  
**for the sake of your Son.**  
**our Saviour Jesus Christ. Amen**

**Ending****Going out as God's People**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge of God,  
and of his Son Jesus Christ our Lord;

**Blessing.**

and the blessing of God almighty,  
the Father, the Son and the Holy Spirit,  
be with you and remain with you always.

**Amen.**

**HYMN 659****Onward, Christian soldiers, marching as to war, .....**

1. Onward, Christian soldiers,  
marching as to war,  
with the cross of Jesus  
going on before!  
Christ, the royal master,  
leads against the foe;  
forward into battle,  
see, his banners go.

*Refrain:*

*Onward, Christian soldiers,  
marching as to war,  
with the cross of Jesus  
going on before!*

2. At the name of Jesus  
Satan's host doth flee;  
on then, Christian soldiers,  
on to victory!  
Hell's foundations quiver  
at the shout of praise;  
lift your hearts and voices,  
loud your anthems raise.

3. Crown and thrones may perish,  
kingdoms rise and wane,  
but the Church of Jesus  
constant will remain;  
gates of hell can never  
'gainst that Church prevail;  
we have Christ's own promise,  
and that cannot fail.

4. Onward, then, ye people,  
join our happy throng;  
blend with ours your voices  
in the triumph-song:  
glory, laud, and honour,  
unto Christ the King;  
this through countless ages  
men and angels sing.

*Sabine Baring-Gould (1834-1924)*

**Dismissal**

Go in peace to love and serve the Lord

**in the name of Christ. Amen**



## THIS SUNDAY—in CHURCH MORNING PRAYER

This Sunday—led by:- Mr Walter Pringle.

Numbers will continue to be strictly limited  
in keeping with the Social Distancing rules.

Next week's Service in Church—  
Sunday 29th August 2021  
will be Morning Prayer (available online)

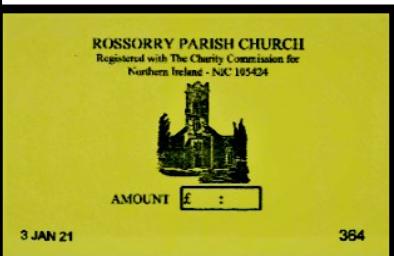
Mr Charles Crawford



### Howe About That!

A story by Niall Howe  
(son of Canon Howe –former Rector of Rossorry) about his adventures and misadventures of his childhood in the Rectories where Canon Howe was based.

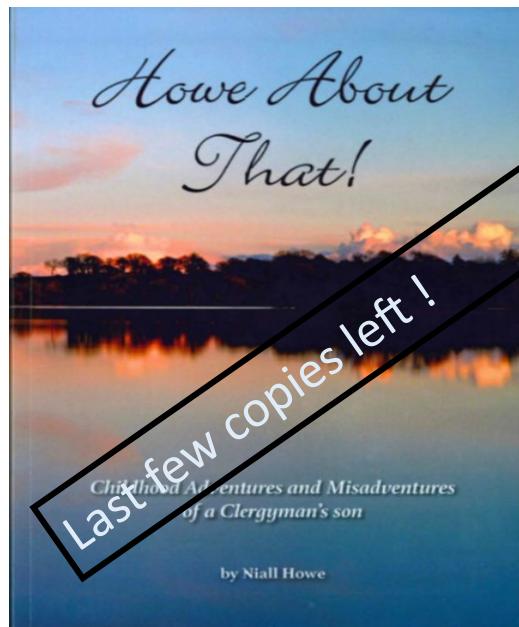
A beautiful look at life around a Rectory from a child's point of view and a very interesting look into life from over 60 years ago.



**FREEWILL  
GIVING**  
*Even though  
Services are once  
again online,  
throughout this  
period of the  
Pandemic, the Parish continues to have on-going costs and your contribution is vital in sustaining its work and ministry. It is therefore important that you continue to bring your Freewill envelopes to Church on Sundays or send or drop off (subject to current rules) to the Parish Office.*

If you wish, you may set up a Standing Order with your Bank or Building Society to deal with this matter. If you have online banking, you can do this without even visiting your Bank.

Contact the Office for details.  
**02866 329889**



*Last few copies left !*

Just published and available to buy for £10.

(At least 25% of any profit to the 'Fields of Life' Charity.)

If you would like a copy—

Please contact Gerry in the Parish Office (02866 329889)  
or email:-  
[rossoryoffice@btinternet.com](mailto:rossoryoffice@btinternet.com)

and I will get one out to you **or** for collection in Church

# News from Eco-Congregation Ireland

Eco-Congregation Ireland's [latest newsletter](#) is now available, highlighting examples of environmental projects undertaken by churches across the island of Ireland, at <http://www.ecocongregationireland.com/>



This features resources for the Season of Creation and Climate Sunday (including a video commissioned by our Church and Society Commission), walks for water organised to raise funds for people supported by Christian Aid in St Gall's Carnalea, St John's Orangefield, and Annahilt parishes, in the Diocese of Down and Dromore, a similar walk by pupils of the Model School, Dunmanway, in Cork, Cloyne and Ross, and a mural made of plastic bottle tops at Ballymoney National School, also in County Cork. Reports from parish projects in Rathfarnham, Carrigaline and Westport are also included.

Eco-Congregation Ireland is an initiative of the Irish Inter Church Meeting, and includes members from the Roman Catholic Church, Church of Ireland, Presbyterian Church, Methodist Church, and Religious Society of Friends. Readers may also be interested in checking out the Church of Ireland's online photo album of initiatives for caring for Creation, developed by the Church or alongside other Churches and organisations. Please click below and feel free to share with others.

## About Eco-Congregation Ireland

*Eco-Congregation Ireland is an initiative of the Irish Inter Church Meeting, and includes members from the Roman Catholic Church, Church of Ireland, Presbyterian Church, Methodist Church and Religious Society of Friends.*



You are probably aware of announcements from the Northern Ireland Executive regarding changes in Covid restrictions coming into effect. The Archbishop's Office has sought clarity from the Executive Office, Chief Medical Officer and Chief Scientific Officer, particularly relating to face coverings and church services. The attached letter has the most up-to-date guidance which I trust you find clear and helpful.

With best wishes for a restful summer break.  
+Ian Clogher

## **FACE COVERINGS AND CHURCH SERVICES**

Much has been reported in the press in the last 24 week about the decision by the Northern Ireland Executive to remove the mandatory requirement for face coverings to be worn during religious services in places of worship. Please be aware that although the former regulations are now being moved to guidance only, face coverings will still be legally required when entering and exiting the building. It is also strongly advised that they are worn whilst singing or moving around inside the church premises. This new guidance only applies to acts of worship.

The clear guidance from the Chief Medical Officer and Chief Scientific Advisor remains that face coverings should continue to be worn, therefore parishioners are strongly encouraged to continue wearing face coverings, for the time being, when attending church services as the benefits, particularly in the regard to the welfare of others, outweigh the risks. Congregational singing also considerably increases the risk of the spread of the virus so wearing a face-covering is a necessary mitigation against that risk.

By wearing a face covering we are showing our support and consideration for other members of the congregation, particularly the more vulnerable and those with underlying health concerns. Individually and collectively, we are also then continuing to play our part in preventing transmission of the virus.

Guidance remains that social distancing of two metres is recommended within church services. The closer we are in proximity to others, then the higher the risk. The risk of transmission is therefore higher at one metre compared to two metres. The highest risk environments for the spread of the virus are indoor, crowded, poorly ventilated spaces where people are in close proximity to others for a period of time.

Please continue to ensure that all necessary mitigations and safety measures are in place and that risk assessments are regularly updated.